

BODY SCRUBBING SET

QUICK START GUIDE



To see all of the FAQ's in one place visit vhealth.link/6yz

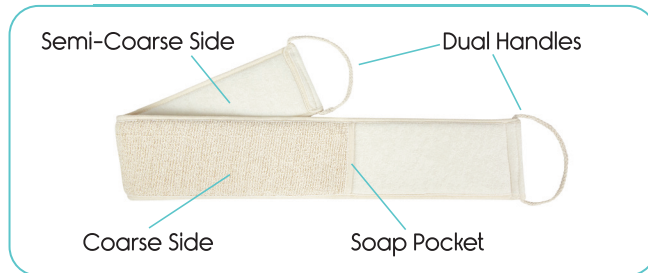
WHAT'S INCLUDED

- 1x 35-inch Long Scrubber with Dual Handles
- 1x Square Jute Pad
- 1x Oval Loofah Pad

Across the entire set, there are three (3) different levels of coarseness available to you. The Long Scrubber has a very soft side (for sensitive skin) and a thin coarse layer on the other side. The Square Pad is intended for a semi-coarse feel, and the Oval Pad is meant for a coarser feel.

LONG SCRUBBER FEATURES

- Dual handles for reaching hard-to-reach areas
- Double-sided for versatility
- Ramie-blend material on back side for normal scrubbing
- Soft linen material on the front for more sensitive skin
- Pocket for soap bar while scrubbing



The Long Scrubber is ideal for use on the upper and lower back, glutes, legs, and thighs. Firmly grip a handle in each hand and slide it back and forth across the skin for full exfoliation. You can also fold the Scrubber once or twice and use it as a hand scrubber for your upper body or legs if desired.

When you're done using the Scrubber, hang it up and let it dry completely before storing. If necessary, the Scrubber is machine washable in cold water with like colors; hang it up to dry.

SQUARE JUTE PAD FEATURES

- Double-sided versatility
- Jute material on main side for a semi-coarse scrub
- Soft linen on flip side for more sensitive skin
- Hand strap included
- Hanging loops included for easy storage



The Square Pad has two (2) different materials for exfoliation. The main side is made of a jute blend for semi-coarse use, while the opposite side is a soft linen for sensitive skin. Use the attached hand strap to keep a firm hold on the Pad while scrubbing. Simply switch the strap to either side depending on which side you prefer. The Pad includes a bar soap pocket as well if you desire. Use the hook and loop strip to keep the soap inside. When you're done, use the top hanging loop to let the pad air dry.

The Square Pad is NOT machine washable. If you need to wash it, hand wash it in cold water with mild soap and hang it up to dry.

OVAL LOOFAH PAD FEATURES

- Double-sided versatility
- Coarse loofah material on main side
- Soft linen on flip side for more sensitive skin
- Hand strap included
- Hanging loops included for easy storage



The Oval Pad is also made of two (2) different materials. The main side is made of a coarse loofah material, while the opposite side is a soft linen for a slightly smoother feel. Use the attached hand strap to keep a firm hold on the Pad while scrubbing.

Simply switch the strap to either side depending on which side you prefer. When you're done, use the top hanging loop to let the pad air dry.

The Oval Pad is NOT machine washable. If you need to wash it, hand wash it in cold water with mild soap and hang it up to dry.

OTHER IMPORTANT INFORMATION

- Every skin type is different, so do what works best for you. Do not exfoliate more than your skin can healthily take.
- This set of scrubbers is designed for body exfoliation only. It is not recommended for facial use.
- Any type of regular bar soap, liquid soap, or other types of body washes can be used with this set.
- When scrubbing, we suggest that you start from the top of your body and work down toward the bottom.
- While the Long Scrubber is designed for back and forth motion, the two (2) Pads work best with circular motion.

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