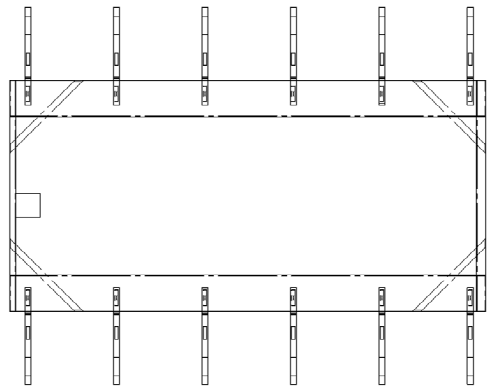


# Sling Instruction Sheet

## Spacer Positioning Sling

The Spacer Positioning Sling is for performing lateral supine transfers, repositioning in bed supporting sustained side lying, and lifting from the floor.

Proper patient and risk assessment are always required when deciding which sling type and application is to be used. Always refer to your institutional policies and procedures to ensure appropriate techniques are being used.



PART #	DESCRIPTION
9Y4901	Positioning Sling Black with Elastic (42" X 78")

**SAFE WORKING LOAD: 1000 LBS**

**CARRY BAR ORIENTATION** - The carry bar can be oriented lengthwise or widthwise to the patient.

Consider the patient's height, weight, level of comfort, and any positioning contraindications when choosing the carry bar orientation to be used. Taller patients may be more comfortable if transferred/repositioned with the carry bar oriented lengthwise. Wider/bariatric patients may be more comfortable if transferred/repositioned with the carry bar oriented widthwise.

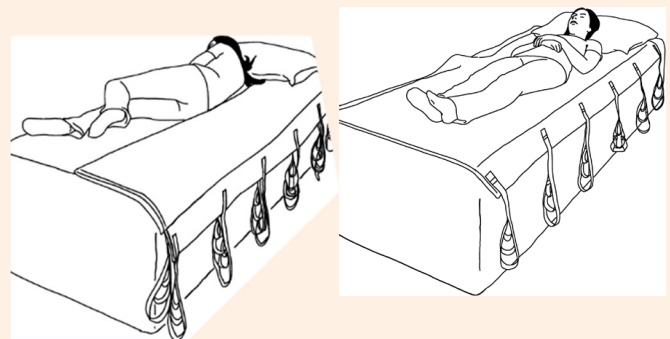
### LEAVE IN PLACE

Best practices to have the positioning sling always left directly under the patient. Place a flat sheet between the patient and the sling.

Assess client regularly for skin health.

### APPLYING THE SLING

1. Roll the patient onto their side. Maximize his/her participation.
2. Fold the sling in half lengthwise with the label showing on the outside of the fold. Lay the folded edge along the length of the patient approximately one hand width away from the patient's spine/body.
3. Roll the top folded layer of the sling towards the patient. Make sure all straps are tucked into the roll. Push the material down into the mattress and under the patient.
4. Return the patient to supine and roll him/her to the other side.
5. Unroll the top layer of the sling out until flat. Return the patient to supine. The sling should be flat under the patient with straps free on all sides.



## Handicare

81 Romina Drive, Concord ON L4K 4Z9 Canada | 1.877.304.5438 | [www.handicare.ca](http://www.handicare.ca)  
 10888 Metro Court, St. Louis, MO 63043 USA | Toll Free: 1.866.891.6502 | [www.handicareusa.com](http://www.handicareusa.com)

# Spacer Positioning Sling

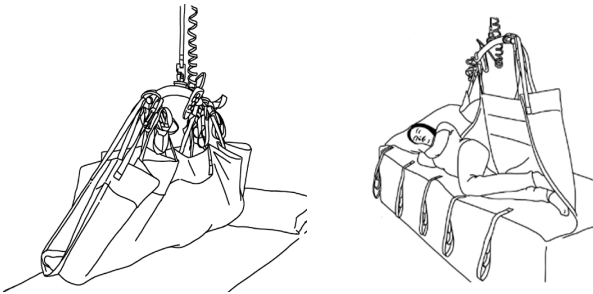
## GENERAL SLING INFORMATION

All straps positioned from the head to the knees must be attached (top 4/5 straps).

The bottom straps (usually below the knee) can be attached at the users' discretion. When leaving the bottom straps disconnected, the caregiver is required to "manage" the lower extremities.

## LIFTING— ATTACHING THE SLING TO THE CARRYBAR

Attach the straps to the carry bar. To maintain a leveled lifting position, use the same color loops on the left and right sides of the sling only if patient is centered on the sling.



## TURNING – ATTACHING THE SLING TO THE CARRY BAR

1. Make sure the client is positioned at the opposite side of the bed from where he/she is being turned to. This will ensure he/she is centered on the bed after turning.
2. Attach the straps on one side of the client only. The straps on the side of the bed you are rolling the client toward will not be attached to the carry bar. Make sure the bed rail is up on the side you are rolling the client toward.

## RAISING THE CARRY BAR

Always ensure the straps are fully attached to the carry bar before raising the carry bar. Evaluate the patient's position during the entire transfer/reposition. If you notice anything of concern, stop the lift, and reassess the situation.

If transferring to another surface: Raise the carry bar only as much as needed to lift the patient from the surface.

If repositioning to side-lying: Raise the carry bar as much as is needed to turn the patient on his/her side. If the patient is to be left positioned on his/her side (i.e., for pressure relief) place bolsters or pillows behind the patient to help maintain the desired position.

TO REMOVE THE SLING, CARRY OUT THE FITTING PROCEDURE IN REVERSE.

## SPECIAL INSTRUCTIONS

This sling may not be practical for use by all individuals. It is designed to allow an individual to be lifted and repositioned in a supine manner with producing minimal flexion at the hip area. It may also be utilized to roll or turn for a frequent change of position while in bed.

Please consult with a health care professional trained in safe patient handling for more details or uses of this or other sling models.

## WASHING INSTRUCTIONS

The sling should be inserted into a washing/laundry bag prior to being placed into the washer. This is to prevent any unusual wear and tear of the sling by the agitator and/or other parts of the washing machine.



*Note: The Spacer Positioning Sling is made from polyester material. Life expectancy is up to 4 years depending on use, care and laundering process. Always follow general guidelines before use. Discard the sling if any tears or serious defects are found.*

## GENERAL GUIDELINES

Only people who have received proper training should attempt to use Handicare Lift Systems. Improper use can lead to serious injury.

Please read and adhere to the following guidelines:

1. Read all lift instructions before using.
2. Do not exceed safe weight capacity.
3. Visually inspect the sling prior to using it (check for fraying, cuts, or tears to straps and/or material).
4. A balanced fit is a safe fit: position the sling under and around the individual.
5. Do not use the lift systems for anything but their stated purpose.

All Handicare's loop-style slings are compatible with our complete range of carry bars.

To ensure anyone using Handicare's Lift Systems is properly trained, an on-going training program should be established. Contact your Handicare representative should you have further questions.

## Handicare

81 Romina Drive, Concord ON L4K 4Z9 Canada | 1.877.304.5438 | [www.handicare.ca](http://www.handicare.ca)  
10888 Metro Court, St. Louis, MO 63043 USA | Toll Free: 1.866.891.6502 | [www.handicareusa.com](http://www.handicareusa.com)